

A Taste of Powell River's History



INGREDIENTS

- ½ cup butter
- 1 teaspoon soda
- 1 cup sugar
- 1 teaspoon cinnamon
- 1 egg beaten light
- ½ teaspoons cloves
- 1 cup raisins or cuts
- 1 cup hot applesauce
- 1 ¾ cups flour

INSTRUCTIONS

Cream the butter, beat the sugar gradually, then add the well-beaten egg, and the fruit chopped and floured. Add the flour, sifted with the soda and spices and the next applesauce which should be strained. Bake in a moderate oven.

APPLE SAUCE CAKE

**SUBMITTED TO THE POWELL RIVER COOK BOOK BY
MRS. H. BENJAMIN**

Elizabeth Jones was born on September 2nd, 1891 in Monmouthshire, Wales, to Vincent and Ann Jones and was the youngest of four children.

In the late 1900s, Elizabeth met and was engaged to Henry 'Harry' Benjamin, a grinder from Monmouthshire, Wales. In 1911, Henry immigrated with his brother, William, to Powell River to begin work as a grinder at the newly built Powell River Mill. A year later, Elizabeth joined him in Powell River and the couple was married in 1912. Elizabeth and Henry's first house was located at 181 Oak Avenue in Townsite; a four-room bungalow that Henry helped build. In 1916, Elizabeth and Henry happily added a daughter, Myfwany, to their family. Sadly, after only four years, Myfwany died of a "childhood disease."

Through out the years at the Powell River Company, Henry worked his way from grinder to supervisor. Before their move to Westview in 1922, Elizabeth and Henry welcomed another child, Henry Glyndwr 'Glyn'. The family left the Powell River Region for Vancouver in the late 1920s, and expanded their family to welcome, William Bruce in 1926.